

La Vieille Bastringue

This is a variation of “La Bastringue” danced in Quebec in the 18th Century. The melody was found in an old manuscript in the library of Cecil Sharp House in London, England.

Source: France Bourque-Moreau

Region: Quebec

Formation: Any number of couples in a large circle. The W stands to the Right of the M. Hands are joined and held down.

Measures: Counts: Pattern:

Introduction:

1 4 Bow to Partner.

Figure 1:

1 1 – 4 Everyone walks toward the centre of the circle with 4 steps.
2 5 – 8 Everyone walks backward to place with 4 steps.
3 – 4 9 – 16 Repeat Figure 1, counts 1 – 8.

Figure 2:

5 – 6 1 – 8 Hands are held in ‘W’ position. Everyone walks to the Left with 8 steps.
7 – 8 9 – 16 Everyone walks to the Right with 8 steps.

Figure 3:

9 – 10 1 – 8 Face partner and join both hands, still held at shoulder level. Turn once around in a CW direction. End side-by-side with the W on the M’s R and facing CCW. Inside hands are joined and held at Shoulder height.

Figure 4:

11 – 14 1 – 16 All couples promenade for 12 steps CCW. They turn toward the centre on counts 13 – 16 rejoining hands in a circle. Partners bow slightly to each other.
15 – 15 ½ 17 – 22 The Man gently leads the Lady on his Left across in front of him and places her on his Right side. This will take **6** steps. This is his new partner for the repeat of the dance.

Presented by Dale and Helga Hyde

Mainewoods Dance Camp 2007.

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